

Attaining Personal Greatness

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Synopsis

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Citing dozens of contemporary and historical examples, and drawing on the latest research in physiology and physics, Dr. Melanie Brown demonstrates that the enlightened voice you hear is an expression of the underlying field of all natural laws, the energy and intelligence that enlivens all aspects of Life. She teaches you to tap into that energy, to access that unified field in order to assist you in becoming the person you are truly meant to be. In addition, Dr. Brown reveals practical applications of your new knowledge. You'll:

- Discover four steps leading to recognition and awakening of your own personal greatness
- Learn five ways to deepen your thinking capacity and to strengthen your powers of attention
- Develop the eight qualities that characterize most great people
- Fine-tune your intuition and refine your perception
- Create and maintain a healthy view of risk taking
- Use a four-step thinking process to successfully imagine any future you desire
- Understand the importance of cooperation and involvement with others
- Acknowledge and utilize the differences between male and female leadership styles
- Eliminate stress, relax deeply and access your inner source of greatness
- Embrace the boundless resources of your mind and body

You can either want the best for yourself or you can settle for less. But no love relationship, no quest for success or power or money is more compelling than the overriding desire to feel the full depth of your own humanity. With Dr. Melanie Brown as your guide, recognize your own greatness, understand it, and enjoy it on all levels of your life. Experience the joy of *Attaining Personal Greatness*.

Reader's comments

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