

# Checkmate

*author: Greg Davis*

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## Synopsis

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readBy	Robert Plank, Catherine O'Connor
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A 2022 survey indicates that only 19 percent of Americans say they are very happy. Are you in that 19 percent? *Checkmate: Tips and Lessons to Help You Make the Right Moves to Achieve Happiness!* explores the intersection between how you can overcome obstacles, step outside your comfort zone, and achieve greater happiness. Based on solid research, dozens of interviews, and experience from the author's own chess game of life, you will learn:

- Concepts on budgeting and saving money today, leading to an enriched retirement phase later in life
- Best practices to change careers and realize true passions
- How to stop worrying about financial topics and have positive conversations with your spouse
- Ways to achieve greater happiness in life

Greg Davis's *Checkmate* details his 60-year life journey as it covers a wide range of emotions, from discussing the challenging times of grieving the loss of close friends and family to humorous anecdotes on the many mistakes made in life. There are over a dozen lessons, as the author's hope for this book is that it helps listeners increase their happiness and attain their *Checkmate*.

## Reader's comments

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