

Happy Stories!

author: Will Bowen

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Synopsis

author	Will Bowen
readBy	Will Bowen
inLanguage	english

In *Happy This Year!*, best-selling author Will Bowen shared his practical philosophy for achieving higher levels of happiness. He helped readers understand that the path to happiness is not determined by their circumstances, but by aligning their thoughts, words, and actions to focus on the goal of happiness. Now, through 50 true stories, Bowen shares how people have taken his philosophies to heart - and are becoming measurably happier!

We all face adversity, setbacks, and stress in our everyday lives. In *Happy Stories!*, you will learn from people who have faced various hardships and have chosen to achieve happiness in spite of their circumstances. From a man who discovers happiness from the power of shared laughter to a woman who finds happiness through forgiveness, the stories in this collection inspire, entertain, and teach us remarkable lessons on how we can achieve higher and sustainable levels of happiness in our lives.

Reader's comments

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