

o Raise a Year’s Worth of Food (Animals, Gar

author:



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Synopsis

Many people ask us, if they want to be self-sufficient, raising nearly 100% of their food from their homestead, how much land is needed to raise a year's worth of food? We're breaking it all down in this video/podcast.

For more information and any links mentioned, visit the [blog post](#) here: <https://homesteadingfamily.com/how-much-land-is-needed-to-raise-a-years-worth-of-food/>

- American Blossom Linens: Thanks to American Blossom Linens for sponsoring this podcast! All their sheets, towels and blankets are made in America with 100% American cotton. Environmentally friendly, pure, chemical-free softness. One way we can all help reduce the cost of American-made products is to vote with our dollars. They may be expensive, but they also offer a TWO-YEAR warranty! Check them out with the link and use coupon code "HOMESTEADINGFAMILY" for 20% off at <https://homesteadingfamily.com/shop-ABL>

Timestamps:
0:00 - Intro
1:00 - Chit Chat
5:22 - American Blossom Linens
8:33 - Herbal Antibiotic Resistance
11:00 - Main Topic

MORE ABOUT US!
WELCOME! We're so glad you're here! We are Josh and Carolyn Thomas. Together with our nine children, we are The Homesteading Family where we're living a self-sustainable life in beautiful North Idaho. Let us welcome you and show you a bit about us here: <http://bit.ly/HFWelcomeVideo>

Grow, Preserve & Thrive with us! Visit us on our blog: <https://www.homesteadingfamily.com>

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A few highlights you don't want to miss are our **FREEBIES!**

Healthy Healing at Home – Learn how to confidently use herbal medicine in your home with this **FREE** 4 video workshop: <https://homesteadingfamily.com/HHHyt>

Your Best Loaf – A Free 4 video workshop teaching you how to make great bread at home, every time, regardless of the recipe you are using: <https://homesteadingfamily.com/free-bread-workshop>

Meals on Your Shelf –

Can along with me! Learn to can and put jars of a delicious meal on your pantry shelf with this FREE video series: <https://homesteadingfamily.com/MOYS-free-workshop>

FREE PDF DOWNLOADS:
- 5 Steps to a More Self-Sufficient Life - Simple steps anyone can take wherever they are to start a more self-sufficient lifestyle. <https://homesteadingfamily.com/5StepsYT>
- Thrive Wellness Checklist - A simple guide for healthy living: https://homesteadingfamily.com/TWC_YT
- Carolyn's Cottage Garden herb list - Carolyn's favorite herbs for growing at home. https://homesteadingfamily.com/CGHL_YT
- Your FREE Guide to Preserving Eggs - Grab your guide to preserving eggs with multiple methods

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