

# How to Be Golden

*author: Paula Bernstein*

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## Synopsis

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| inLanguage | english         |

**If there's one thing the nation can agree on--we all love Betty White! This spirited homage to Betty captures her unique humor, timeless wisdom, and impish irreverence that's made her one of America's longest lasting and most beloved stars.**  
An unparalleled American icon, Betty White started show business in 1939 in radio and was a pioneer in the early days of TV. Over eight decades, she's appeared on countless sitcoms, game shows, and talk shows, including the iconic comedy hits *The Mary Tyler Moore Show* and *The Golden Girls*. Her accolades over the years include two Emmy nominations, a Grammy, and induction into the Television Academy Hall of Fame, while she had her best decade yet as a nonagenarian: becoming the oldest person to host SNL, starring in a Super Bowl ad, and winning praise with her popular supporting role in *Hot in Cleveland*. Through it all, her "don't take yourself too seriously" attitude appeals to legions of fans, spanning all generations.  
*How to Be Golden* recounts her engaging life story while weaving in her words of wisdom and insight about love, friendship, work, family, sex, acting, aging, beauty, and more.

## Reader's comments

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