

Hungry Beautiful Animals

author: Matthew C. Halteman

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Synopsis

author	Matthew C. Halteman
readBy	Matthew C. Halteman
inLanguage	english

A heartfelt, humane, and even hilarious account of why rule-obsessed veganism fails and how a focus on flourishing can bring about an abundant future for all
In *Hungry Beautiful Animals*, philosopher Matthew C. Halteman shows us how “despite all the forces arrayed against going vegan” we can create an abundant life for everyone without using animals for food. Going vegan must be about flourishing, not shaming and blaming ourselves. *Hungry Beautiful Animals* is a book of action, of forgiveness, and love.
“This timely exploration of the profound impact of our dietary choices on both individual and collective flourishing is essential reading for anyone who eats.” Bryant Terry, James Beard award-winning author of *Vegetable Kingdom*
“This is a book of sacred truths, the kind of thing you read and your soul forever registers.” Kathy Freston, *New York Times* best-selling author of *The Lean*

Reader's comments

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