

Improve Your People Skills

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Synopsis

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Become the ultimate people person and social butterfly. Your qualifications and intelligence aren't what will move you forward in life. People skills (soft skills, interpersonal skills, social skills, and likability) are. They allow you to effortlessly glide through life and roll with the punches, as well as maximize the situations you'll find yourself in. When your relationships are harmonious and authentic, the whole world opens up. Understand people's psychological drives.

Improve Your People Skills is a book of action that allows you to truly understand others and speak their language, no matter what it is. It will fundamentally change your approach to others, and you'll instantly understand where you've gone wrong. It goes beyond social intelligence and gives you a blueprint to the psychology of people.

People skills open the doors for your life in a way that literally nothing else can. Become a captivating, comforting, and desired presence.

Whether it's winning at work politics, making new friends, or strengthening current relationships, people skills are your quickest and surest route to success—no matter the situation.

Patrick King is an internationally best-selling author and sought-after social skills coach and trainer. He knows firsthand the value of people skills because they rescued him from lackluster grades and jump-started his career—the value of just fitting in anywhere cannot be understated.

Build trust, create emotional depth, and cultivate intimacy.

Learn:

- How to use empathy on a daily basis
- What proxemics are and how to use them
- The types of humor that you should and shouldn't use
- Navigating tense situations and conflict
- How to argue better
- How to respond to people to make them feel heard and valued

Learn how to fit in anywhere, and make any interpersonal situation pleasurable.

Reader's comments

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