

Love, Magic, and Mudpies

author: Bernie Siegel

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Synopsis

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During his many years working with thousands of patients and their families, Dr. Bernie Siegel became an expert on how to turn sometimes trying situations into opportunities for personal growth. In his newest book, this husband of more than 50 years, father of five children, and grandparent of eight, shares the gems garnered from his practice and his own family life to show readers what he's learned about raising kids with love, wisdom, and humor. <p> How much time with you do your kids need? How do you teach your children values? When kids misbehave, how do you mix appropriate anger and discipline with love? What are some ways to help children adjust to separation or divorce? Should you get a family pet? With a wealth of quotes, anecdotes, parenting tips, and his comforting, caring, down-to-earth tone, Dr. Siegel addresses the myriad questions that parents face as they strive to guide their kids to happy, healthy adulthood. Delivered with just the right dose of compassion, inspiration, and gentle humor, <i>Love, Magic, and Mudpies</i> is an insightful and supportive guide to every aspect of parenting.</p>

Reader's comments

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