

Peeranormal 06: Sleep Paralysis

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Synopsis

Sleep paralysis can be defined in several ways. In terms of the experiencer, it can be described as "a visitation by a malevolent creature which attacked its victims as they slept" (Cox). More clinically, sleep paralysis is understood as "a transient, conscious state of involuntary immobility occurring when falling asleep or upon waking" (Cheyne, 2002). Research! Continue reading Peeranormal 06: Sleep Paralysis

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