

Surviving Narcissism with Dr. Les Carter

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Synopsis

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Life with a narcissist is challenging, and Dr. Les Carter is here to assist. Whether you are feeling frustrated due to a narcissist's inability to blend well or you are feeling constantly invalidated by their need for control and their lack of empathy, Dr. C is your resource. He is committed to helping people become part of Team Healthy, which focuses on DRC: dignity, respect, and civility. In each of our episodes we will contrast the narcissistic patterns of life to the ways of Team Healthy.

Reader's comments

comment 1:

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