

The Chameleon

author: Merrick Rosenberg

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Synopsis

author	Merrick Rosenberg
readBy	Allyson Briggs, Merrick Rosenberg
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Imagine what it would be like to understand the actions and motivations of others - and to know how to apply such knowledge to be a more effective leader, teacher, coach, or salesperson - or even a better partner, or parent. *The Chameleon*, by Merrick Rosenberg, a fun, easy-to-understand listen, teaches powerful lessons about gaining deeper self-awareness, maximizing personal strengths, and empowering others around you. *The Chameleon* contains 22 fables based on the Eagle, Parrot, Dove, and Owl personality styles Rosenberg introduced in his first book, *Taking Flight*! Guided by an all-knowing chameleon, the characters help listeners gain meaningful insights into understanding themselves and others. The Introduction fable provides an overview of the four personality styles. The fables chronicle the bird's interactions over a one-year period and are followed by a "Chameleon Wisdom" section which expands on the fable's lessons and provides practical applications and scenarios of the story's moral. These deeper insights include examples of how to employ the styles to increase effectiveness at work, deepen personal relationships, parent with compassion, and generally live a more fulfilling life.

Reader's comments

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