

THE GRIT SHOW

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Synopsis

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Are you a giver and a doer? Are you someone who has shown your grit and powered through, and now you're ready for the other side? Now you're looking for the conversations that remind you about self-care, that bring to mind grace and understanding, and give you space to reflect on purpose. Do you want more room to breathe and to live life with a little more ease? Each week, we discover tools and ways of thinking that support alignment, build stronger connections, help us find better questions, and live our best life. Most weeks we laugh, some weeks the topics touch close to home, but ultimately; this is where we grow together as seekers and thrivers. The Grit Show - growth on purpose. <https://podcast.TheGritShow.com>

Reader's comments

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