

# Toxic Empathy

*author: Allie Beth Stuckey*

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# Synopsis

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inLanguage	english

**A sharp Christian voice makes a bold argument: when politics are driven by empathy rather than truth, innocent people pay the price.** We are told that empathy is the highest virtue—the key to being a good person. Is that true? Or has empathy, like so many other words of our day—tolerance, justice, acceptance—been hijacked by bad actors who exploit compassion for their own political ends? In *Toxic Empathy*, Allie Beth Stuckey argues that empathy has become a tool of manipulation by left-wing activists who bully people into believing that they must adopt progressive positions to be loving. She explores the five most heated issues through which toxic empathy is deployed: abortion, gender, sexuality, immigration, and social justice. Progressives use catchy mantras to present their perspective as empathetic, like “abortion is healthcare,” “love is love,” or “no human being is illegal,” but in each case, they ignore the other side of the moral equation. For example, abortion is presented as compassionate for the woman, but what about the human life the procedure kills? This book isn’t about killing empathy; it’s about submitting our empathy to God’s definitions of love, goodness, and justice. Stuckey exposes the logical pitfalls and moral consequences of toxic empathy, equipping Christians with research-backed, Biblical truths to dismantle the progressive lies that have permeated our culture—and our church.

## Reader's comments

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### **comment 1: Jane Mitchell**

In 'Toxic Empathy,' Allie Beth Stuckey presents a compelling exploration of empathy's darker side, a concept often overlooked in today's emotionally charged society. Stuckey argues that while empathy is generally seen as a virtue, it can become harmful when it blinds us to reality and leads to enabling destructive behaviors. Her sharp, insightful analysis is backed by a mix of psychological research and real-world examples, making her argument both persuasive and relatable. Stuckey's writing is clear and engaging, allowing readers to easily grasp complex ideas. She challenges the reader to critically evaluate their own empathetic responses and consider when empathy might cross the line into toxicity. While some may find her views controversial, the book encourages a necessary discussion on the limits of empathy in personal and societal contexts. 'Toxic Empathy' is a thought-provoking read that will resonate with those interested in psychology, self-help, and social dynamics, leaving them questioning the true impact of their emotional responses in various aspects of life.

â€” Jane Mitchell (2026-05-30 17:21:48)