

# vacation Meditation: Travel to Bora Bora and Barcelona

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## Synopsis

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inLanguage	english

Falling asleep can be hard...sometimes, it's hard to quiet your mind and just relax. Sleep Stories for Adults are here for you! With this relaxing collection, you'll fall asleep traveling to Barcelona and then Bora Bora. Expertly engineered with sleep sounds and relaxing background tracks that complement each destination, Sleep Stories are the perfect way to sleep soundly all night long. In the first program, you'll relax with a soothing sleep and relaxation induction, then travel through the incredible city of Barcelona. We'll take you through the sights and sounds, smells and tastes, and guide you gently to sleep with the hypnotic language. Then, it's off to Bora Bora, again relaxing with a sleep induction, soothing your body and mind. Explore the clear waters and white, sandy beaches and feel any stress just melt away on this incredible vacation.

## Reader's comments

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