

You Were Made to Do Better

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Synopsis

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This book will be an honest interaction between you, your present, and the future you. It will help you assess your current situation and how to make the adaptations to shape the future you want. Moreover, it will guide you to making a plan B, teaching you the difference between overcompensating, overachieving, and being well-prepared.

Furthermore, this work will empower you to accept your flaws, be tolerant of your shortcomings, and have compassion and empathy for the struggles of others. It will help you identify what those shortcomings are and how to adjust your internal conversation to become more positive in your actions. This will assist you in navigating every situation you encounter, as your internal conversation determines how you manage a challenge that makes you feel less confident but that you are capable of overcoming.

Reader's comments

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